

WRASA WRACES

GRANDVIEW HEIGHTS AQUATIC CENTRE | JULY 22-23 2017



World-famous WRASA Concession!

Breakfast: 6 am - 9 am

- WRASA WRAPS - eggs, ham, salsa, cheese - \$6
- Pancakes - with syrup or berry topping - \$4

Lunch: 11am - 2pm

- WRASA WRAP Caesar - chicken, caesar salad - \$6
- Classic Grilled Cheese Sandwiches - \$4
- Best Time Burgers: veggie, chicken, beef - \$5
- Killer Cheese Burgers: veggie, chicken, beef - \$6

All-day 6 am - 2pm

- Mr. Noodles \$2 • Water, Gatorade \$2
- Candy Bags, Freezies \$1 • Chips \$2

25 Metre Madness

- an all-out 25m freestyle race for Div 5-8
- don't miss what is sure to be a crazy spectacle!

The BIGGEST Book Sale in Fraser South

- At the main entrance to the pool

Silent Auction - Saturday Only

- Gift Baskets, Wine Baskets
- Lottery Ticket Baskets & more!

Free Parking Shuttle

- Every 15 min • front of GHAC to Pacific Heights School

WRASA WRACES | 22 & 23 July 2017

Grandview Heights Aquatic Centre



Date and Location

Saturday July 22 and Sunday July 23, 2016

Grandview Heights Aquatic Centre

16855 24 Avenue, Surrey, BC V3S 0A2

Entry Deadline: July, 16 2017

Grandview Heights Aquatic Centre

- Indoor 10-lane 50 metre pool with 25 metre racing course.
- Camping on East side of pool with room for team pop ups and camps
- Concession outdoors on East side of pool serving breakfast, lunch and snacks.

Key Contacts

Meet Manager	Wendy Walker	wrases@wrasa.ca
Meet Manager	Stephen Wilk	stephenw@wrasa.ca
Chief Meet Recorder	Bobbie Felix	my2js41@hotmail.com
Meet Referee	Zoe Lee	Richmond Kigoos

Fee Schedule

- \$10.00 per individual event
- \$15.00 per relay team
- \$4.00 per 25m event
- Late entries and deck entries will be accepted as space allow and are subject to additional fees:
 - Late entries: \$15 per individual, \$20 per relay
 - Deck entries: \$25 per individual, \$30 per relay
- No re-seeding and no extra heats will be created for deck entries
- Must be submitted in writing to the Clerk of the Course with payment by 7:00 a.m. each day

Meet Format

Combined Heats: Div 1-3 & O Cat 1 and Div 4-8 & O Cat 2

Top 8 Finals Div 1-8 & O Cat 1 & 2

- **Six (6) events and two (2) relays per swimmer (excluding Div5-8 25m Freestyle)**
- Relays to be swum as timed finals after completion of heats
- 6 & under 25M events (back, breast, free) all on Sunday
- **Coaches:** please note event distances when entering swimmers to ensure they are in the correct age category, ex. 100 back is for Div 4

WHITE ROCK AMATEUR **SWIMMING** ASSOCIATION

NEW THIS YEAR !! : Div 5-8 & O Cat 2 Up 25m Freestyle

First ever Fraser South Div5-8 25m.

Great opportunity to improve your old best times !

Does not count towards individual entry limit

Goodie Bag prizes

(Non-BCSSA sanctioned – sorry)

Event Order

Saturday

1. 100 IM / 200 IM

2. 50 free

3. 50 fly / 100 fly

4. 200 Medley Relay

finals for individual events

Sunday

5. 50 fly

6. 25 back / 50 back / 100 back

7. 25 breast / 50 breast / 100 breast

8. 25 free / 100 free

9. div 5-8 25m free

10. 200 Free Relay

finals for individual events

Schedule

Saturday and Sunday

06:40 coach-supervised team warm ups

07:45 warm up ends

07:15 coaches' meeting

07:30 officials' meeting

08:00 meet begins

Entry Deadline

- **16 July 2017**
- email your Hytek entry to Chief Meet Recorder: Bobbie Felix: my2js41@hotmail.com

WHITE ROCK AMATEUR **SWIMMING** ASSOCIATION

Meet Entries

- send Hytek Entry File and Club Roster to
Chief Meet Recorder: **Bobbie Felix**
my2js41@hotmail.com
- BE CERTAIN to include:
 - name and phone number of Computer contact person
 - Coaches' names, phone numbers and email addresses
 - Club Treasurer's name, phone number and email address
 - meet entry fees payable to "WRASA" and must be brought to the electronics office by 10 AM on the morning of Saturday, July 22nd
 - deck entries must be paid in full and in cash at the time of entry - no exceptions

Scratches

- Scratches to be reported to the Clerk of the Course at the swim meet by 7:30 a.m. each morning.
- No refunds for scratches done before or during the meet.

Awards

- Individual awards
 - 25M 6 & Under Goody bag
 - 'S' swimmers **Medals 1st to 3rd, 4th to 8th place ribbons** Div 1 to 6
 - O-Cat 1 and O-Cat 2 **Medals 1st to 3rd, 4th to 6th place ribbons**
- Relays
 - 1st to 3rd place ribbons
- Aggregate calculated on best four events of six
 - 1st place and runner up: Div 1-6 and Div 7-8 combined
 - *No aggregate awarded if a division has fewer than three swimmers in less than three events*

Meet Data System

HyTek

Entry file and results file will be posted on the WRASA club website WRASA.ca

Meet Rules

- Updated 2017 BCSSA rules for swimming will apply or as the meet manager sees fit or fair

WHITE ROCK AMATEUR **SWIMMING** ASSOCIATION

Food & Beverage

WRASA WRACES concession will include:

Coffee @ 630

Coffee is ready at 6 am

Breakfast @ 700

Hot pancakes, strawberry topping, sausages, oh my!

Lunch from 11am

grilled cheese, hamburgers, cheeseburgers, all day snacks and nutritious goodies available until 4pm or as supplies last

Officials

- All clubs are requested to supply officials
- Clubs will be assigned lanes for timers and recorders and place judges based on the number of entries for each club.
- A sign up sheet will be available the day of the meet, located behind the announcer's desk at the swimmers' pool entry door closest to marshalling

Notes

- Please inform your swimmers to exit from the side of the pool.
 - Touch Pads: do not climb over touch pads, exit pool at sides only
 - Cardless Meet: marshalling will run as normal
 - Colorado timing system
 - During warm ups, there shall be no diving from blocks except in the designated diving lane

Limited Parking @ GHAC

- Some parking spaces at GHAC must be allocated to general public use
- Swim meet attendees can drop their swimmers and supplies off at the pool as directed by parking attendants
- Cars proceed to follow signs and park at Pacific Heights Elementary where courtesy shuttles will be leaving every 15 minutes to the pool.

Thank you Fraser South for supporting this meet. Thank you to all our guest clubs for adding to the competition and fun! We look forward to great swims, great fun and to seeing you there!